

A Month of Instant Pot Meals **ON A BUDGET**

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| | | | | 1 | 2 | 3 |
| | | | | Instant Pot Chicken Pot pie Casserole | Better Than Takeout General Tso's Chicken | Cubed Steak and Gravy |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Buffalo Chicken Pasta | Instant Pot Goulash | Instant Pot Lasagna Hamburger Helper | Instant Pot Homemade Hamburger Helper | Instant Pot Cheesy Tuna Helper | Instant Pot Pasta Carbonara | Instant Pot Dr. Pepper Pulled Pork |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Instant Pot Meatloaf and Mashed Potatoes | Instant Pot Kung Pao Chicken | Instant Pot Chicken Fajita's | Instant Pot Pizza Pasta | Instant Pot Fire Hot Taco Bowls | Instant Pot Chicken and Broccoli Rice | Instant Pot Shepard's Pie |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Instant Pot Chicken Taco Bowls | Instant Pot Pierogi Casserole | Instant Pot Orange Chicken | Mongolian Beef | Unstuffed Peppers | Instant Pot Kings Casserole | Instant Pot Beef Stroganoff |
| 25 | 26 | 27 | 29 | 29 | 30 | |
| Cracked Up Chicken and Broccoli Rice | Instant Pot Taco Pie | Better than take Out Beef and Broccoli | Instant Pot Taco Hamburger Helper | Instant Pot Chicken and Dumplings | The Ultimate Pot Roast Instant pot | |